

HEALTHEAST MEDICAL TRANSPORTATION
MEDICAL OPERATIONS MANUAL

7W EPIPEN ADMINISTRATION

PATIENT CARE GOALS

- Relieve symptoms of severe allergic reaction, anaphylaxis, asthma, or allergic reaction related bronchospasm with severe symptoms.

EMT

1. If the need to administer **EpiPen** is determined by guideline, verify medication is correct dosage¹ has not expired, and is clear and not discolored. May use service supplied or patient's own **EpiPen**.
2. Describe procedure to patient and obtain consent if possible.
3. Pull off safety cap.
4. Wipe injection site with alcohol.
5. Place tip of **EpiPen** on exposed thigh (anterior or lateral) at right angle to leg².
6. Press hard into thigh until auto injector mechanism triggers, and hold in place for several seconds.
7. Remove **EpiPen** and place in sharps container.
8. Massage injection site for 10 seconds to enhance absorption.
9. Record actions and reassess in two minutes.

DOCUMENTATION KEY POINTS

- Signs and symptoms of allergic reaction and indications for **EpiPen** use.
- Location of injection and response to **EpiPen** administration

NOTES

¹ Adults (>60 lbs): **1:1,000 epinephrine (Adrenalin) 0.3 mg IM** (one **EpiPen Adult**)

Children (<60 lbs): **1:2,000 epinephrine (Adrenalin) 0.15 mg IM** (one **EpiPen Junior**)

² May be administered through clothing if patient condition does not permit clothing removal.