# HEALTHEAST MEDICAL TRANSPORTATION MEDICAL OPERATIONS MANUAL

## **IBUPROFEN (ADVIL, MOTRIN)**

Drug Classification: Nonsteroidal anti-inflammatory drug (NSAID)

## **BACKGROUND**

#### **Pharmacodynamics**

This medication works by reducing hormones that cause inflammation and pain in the body.

#### **Indications**

- Fever reduction
- Pain and swelling for which other opiate based medication is either declined or not indicated.

#### **Contraindications**

- Bleeding disorders
- Kidney or liver disease
- Last 3 months of pregnancy or if patient is nursing.
- Do not use this medicine in patients immediately pre or post coronary artery bypass surgery.

#### **Cautions**

- This medication can increase the risk of heart attack or stroke.
- Increased risk of GI bleeding if used with oral corticosteroids, anticoagulants, or aspirin, and in patients who smoke or use alcohol.

### **DOSAGE and ADMINISTRATION**

ADULT	PEDIATRICS (less than 60 kg)
For fever reduction and all pain levels  1. < 70kg: Administer one 200 mg tablets.  2. >70kg: Administer two 200 mg tablets	Administration of this medication to pediatric patients is not indicated under HEMT guidelines.

# **ADVERSE REACTIONS/SIDE EFFECTS**

• Abnormal renal function, anemia, edema, fluid retention, nausea, epigastric pain, heartburn, headaches, nervousness, dizziness, rash, pruritus, increased bleeding time.

### **NOTES**

#### **REFERENCE GUIDELINE:**

1C Pain and Nausea Management