

HEALTHEAST MEDICAL TRANSPORTATION
MEDICAL OPERATIONS MANUAL

OXYMETAZOLINE (AFRIN)

Drug Classification: Vasoconstrictor, decongestant

BACKGROUND

Pharmacodynamics

This medication is a direct acting sympathomimetic used as a vasoconstrictor to relieve nasal congestion and bloody noses.

Indications

- Nosebleed

Contraindications

- Known allergy or hypersensitivity to the medication or any component of the formulation.

Cautions

- Repeated doses may cause elevation in blood pressure.
- Use with caution in patients with hypertension or patients who are pregnant.

DOSAGE and ADMINISTRATION

ADULT	PEDIATRICS (less than 60 kg)
1. Instill two sprays into each nostril and apply nasal clamp to nose. May repeat in 10 minutes of bleeding continues.	1. Instill two sprays into each nostril and apply nasal clamp to nose. May repeat in 10 minutes of bleeding continues. ¹

ADVERSE REACTIONS/SIDE EFFECTS

- Nasal burning, sneezing or increase in nasal discharge.
- Fast irregular heartbeat
- Headache, dizziness, nervousness and increased sweating.

NOTES

¹ This medication is not recommended for use in children age 6 and younger.

REFERENCE GUIDELINE:

4E Nosebleed